

This formula is:  
Non-GMO

This formula is not:  
Vegetarian  
Vegan  
Organic  
Halal-certifiable



Not  
Vegan



Lead

PLAUGEHOLDER  
BARCODE

# Just For Life COMPLETE MULTI

Non-GMO Formula

Dietary Supplement  
Tablets

## Supplement Facts

Serving Size 3 Tablets			Servings Per Container:		
Amount Per Serving		%Daily Value	Amount Per Serving		%Daily Value
Vitamin A (as beta-carotene)	3,000 mcg	333%	Inositol	50 mg	*
Vitamin C (as ascorbic acid)	1,000 mg	1,111%	Boron (as boron amino acid complex)	3 mg	*
Vitamin D (as cholecalciferol)	10 mcg	50%	Lutein (from marigold flower extract)	1 mg	*
Vitamin E (as d-Alpha tocopheryl succinate)	133 mg	889%	Coenzyme Q10	10 mg	*
Vitamin K (as phytonadione)	100 mcg	83%	Grape Seed 95% Extract	25 mg	*
Thiamin (as thiamine mononitrate)	50 mg	4,167%	Masson Pine Bark 95% Extract	25 mg	*
Riboflavin	50 mg	3,846%	Green Tea Leaf 95% Extract	25 mg	*
Niacin (as niacinamide)	50 mg	313%	Barley Grass Powder (aerial plant)	30 mg	*
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,941%	Panax ginseng Root (70% extract)	5 mg	*
Folate	680 mcg DFE 170% (400 mcg folic acid)	170%	Eleutherococcus senticosus Extract (rhizome)	30 mg	*
Vitamin B-12 (as methylcobalamin)	100 mcg	4,167%	Flaxseed Extract	30 mg	*
Biotin	100 mcg	333%	Oat Fiber Powder (hulls)	25 mg	*
Pantothenic Acid (as calcium d-pantothenate)	50 mg	1,000%	Digestive Enzyme & Probiotic Complex	127.4 mg	*
Choline (as choline bitartrate)	20 mg	4%	Consisting of: Betaine HCl, Bromelain, Papain, Lipase, Amylase, Cellulase, Trypsin, and LactoSpore® (Bacillus coagulans).		
Calcium (as carbonate / citrate / phosphate)	500 mg	38%	Peat Extract	1 mg	*
Phosphorus (as dicalcium phosphate)	50 mg	4%	(providing all 72 naturally-occurring trace minerals)		
Iodine (from Atlantic kelp / potassium iodide)	150 mcg	100%	Proprietary Blend	220 mg	*
Magnesium (as magnesium oxide / citrate)	250 mg	62%	Consisting of: Bilberry Fruit (4:1 extract), Ginkgo biloba Leaf (24% extract), Gotu Kola Aerial Parts Powder, Yellow Dock Root Powder, Garlic Bulb Powder, Licorice Root Powder, Lecithin (from soybean oil) and Apple (fruit) Pectin.		
Zinc (as zinc amino acid chelate)	15 mg	136%	45 Fruit & Vegetable Proprietary Blend	500 mg	*
Selenium (as selenium amino acid chelate)	200 mcg	364%	Consisting of: Cinnamon Bark (Cinnamomum cassia), Turmeric (rhizome), Ginger Root, Blueberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (floret & stalk), Acai Fruit (Euterpe oleracea), chokeberry Fruit, Apple (fruit), Apple (fruit) Pectin, Maqui Berry (Aristotelia chilensis), Grape Skin, Black Cherry, Tomato Fruit, Barley (aerial parts), Celery Seed, Chlorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, Eleutherococcus senticosus Root, Ashitaba Leaf (Angelica keiskei), Bing Cherry Fruit, Elderberry Fruit (Sambucus nigra), Goji Berry (Lycium barbarum), Grapefruit (fruit), Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit, and Asian Pear (Pyrus pyrifolia).		
Copper (as copper sulfate)	1 mg	111%			
Manganese (as manganese sulfate)	2 mg	87%			
Chromium (as picolinate / polynicotinate)	200 mcg	571%			
Molybdenum (as amino acid chelate)	100 mcg	222%			
Chloride (as potassium chloride)	45 mg	2%			
Potassium (as potassium chloride)	50 mg	1%			
Spirulina	250 mg	*			
Citrus Bioflavonoids 50% Complex	75 mg	*			
Soy Isoflavones	25 mg	*			
Mushroom Complex	30 mg	*			
Consisting of: Shiitake powder (fruit tops), Reishi powder (fruit logs) and Maitake powder (mycelial biomass).					
PABA (para-Aminobenzoic acid)	50 mg	*			
Hesperidin (95% extract) (from citrus extract)	25 mg	*			
Rulin Powder	25 mg	*			
Quercetin Dihydrate	5 mg	*			

Other Ingredients: Vegetable stearic acid, microcrystalline cellulose, vegetable magnesium stearate, croscarmellose sodium, silicon dioxide, and pharmaceutical glazes.

**ALLERGEN WARNING: CONTAINS SOY AND MILK.**

LactoSpore® is a registered trademark of the Sabinsa Corporation.

Vendor Code: VL079-06

**SUGGESTED USE:** 3 tablets taken daily preferably with meals or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. Pregnant or nursing mothers, children under 18, individuals taking anti-coagulant drugs, or have a known medical condition, including diabetes should consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PET colors: White/Clear/Black/Amber

Count Per Bottle	Bottle Size	Label Size
90	300cc	3.375" x 8.25"

Additional PET colors: Blue/Green

Count Per Bottle	Bottle Size	Label Size
90	300cc	3" x 8"

**HDPE white:**

Count Per Bottle	HDPE Bottle Size	Label Size
120	625cc	4" x 9"